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PREVALENCE AND TRENDS OF OBESITY IN ATLANTIC DIET IN THE ATLANTIC COMUNITIES

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ABSTRACT

The prevalence in most European Countries is high (15-25 % in women; 10-20 % in men) and increasing in most countries.

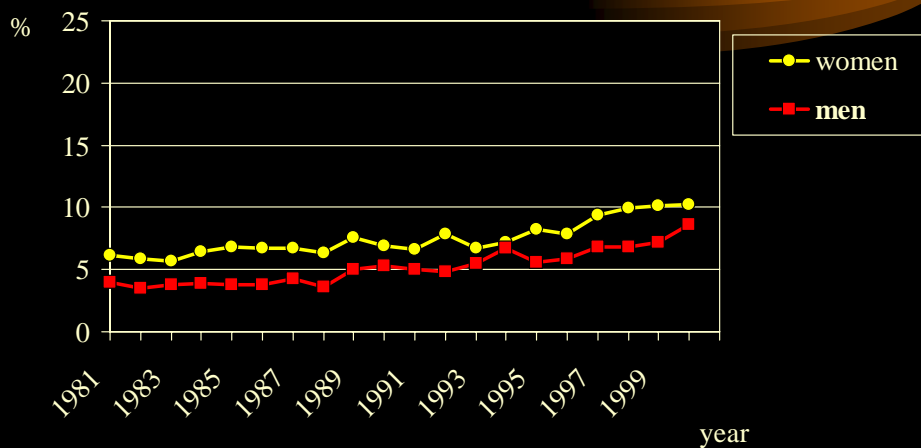
Rates vary widely between and within countries, particularly in women. Obesity constitutes an important health hazard throughout Europe but the associated absolute risk differ widely.

PRESENTATION

Prevalence of obesity in EU countries

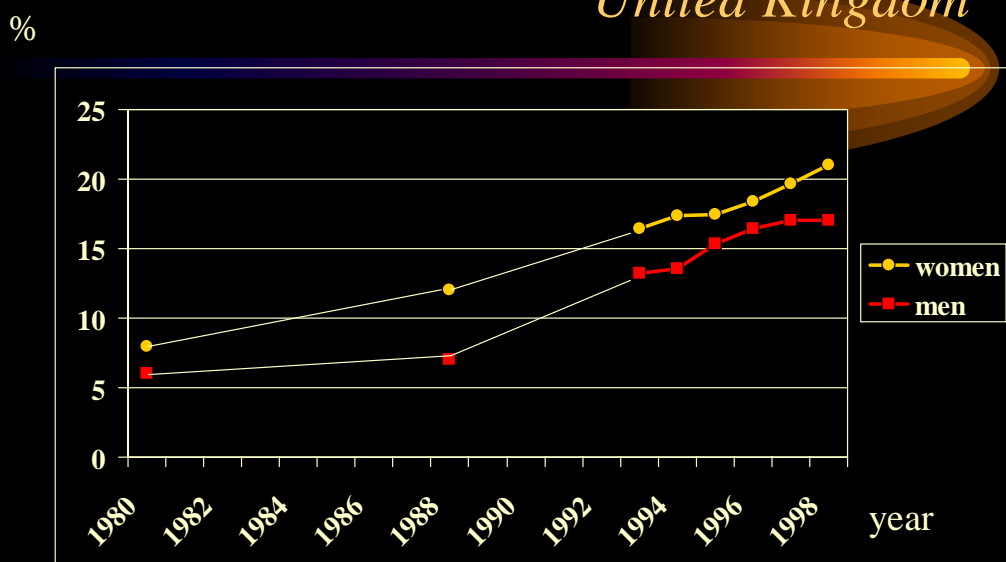
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Time-trends in obesity, The Netherlands

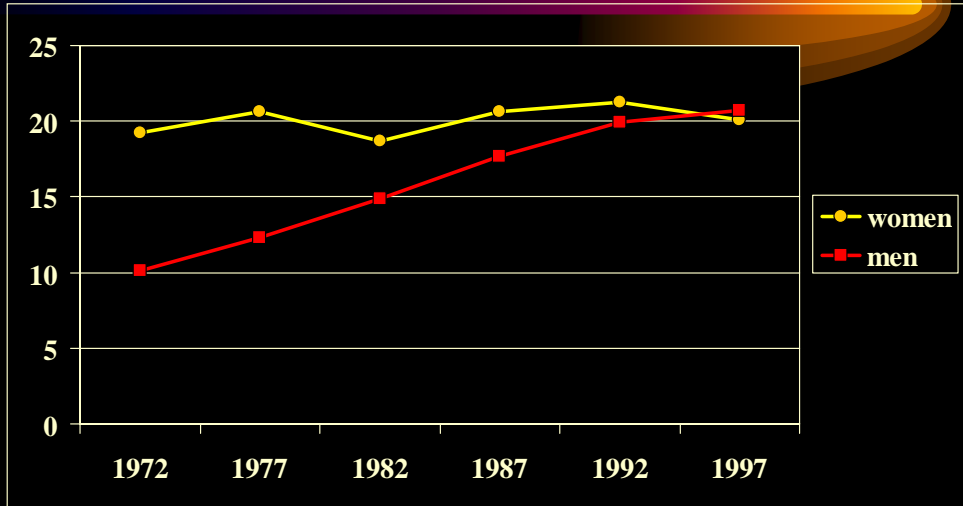


Statistics Netherlands (self-reported weight & height)

Time-trends in obesity: United Kingdom

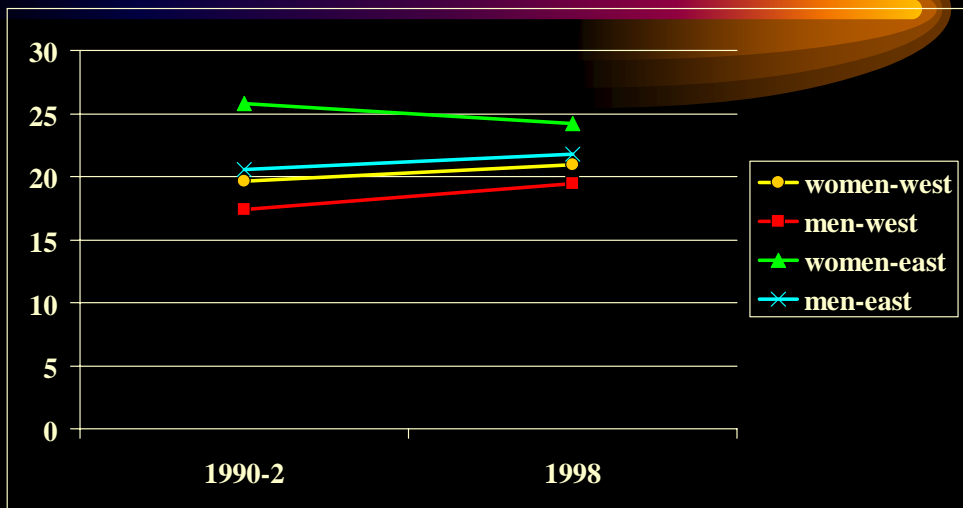


Time-trends in obesity: eastern Finland



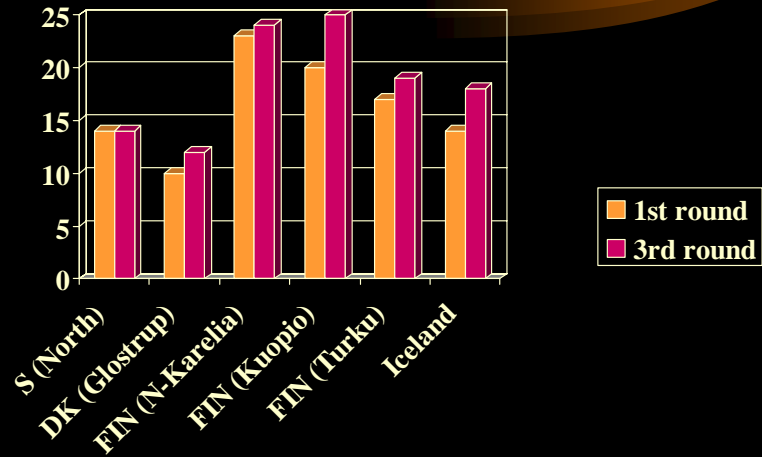
Lahti-Koski, IJO 2001

Time-trends in obesity: Germany

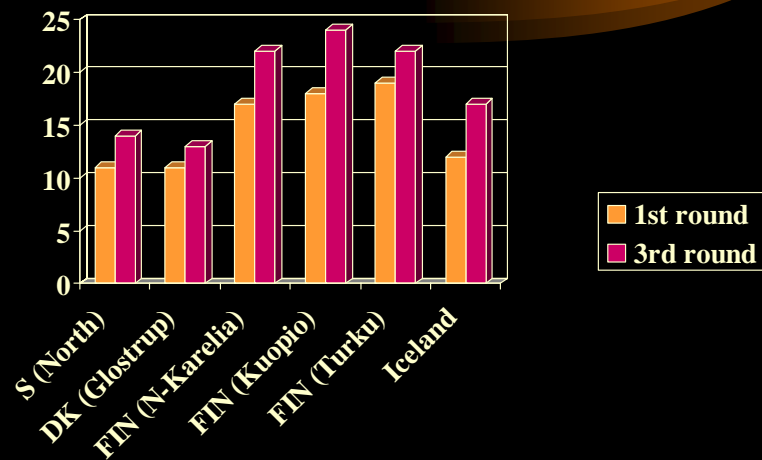


Bergmann & Mensink

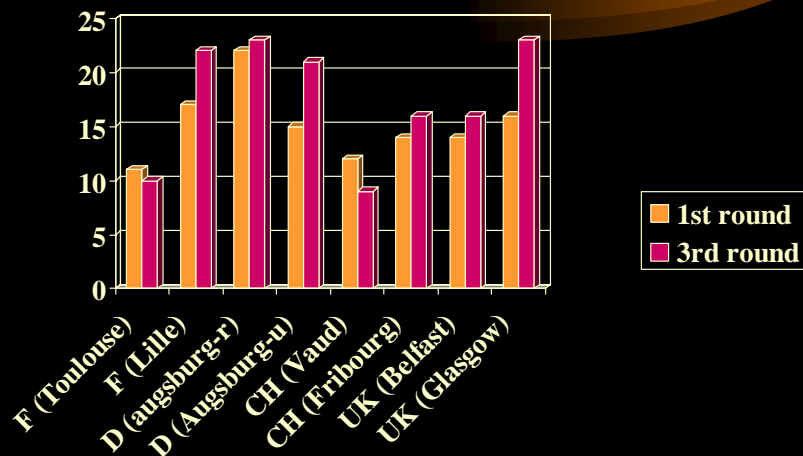
Obesity in WHO-MONICA: Nordic countries (women)



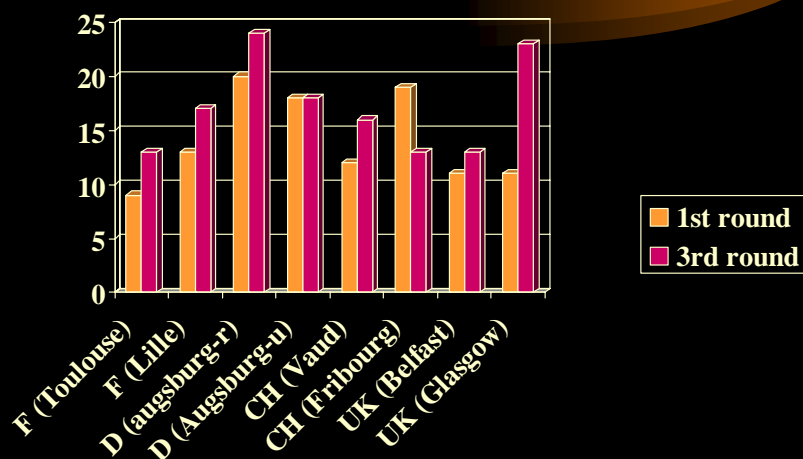
Obesity in WHO-MONICA: Nordic countries (men)



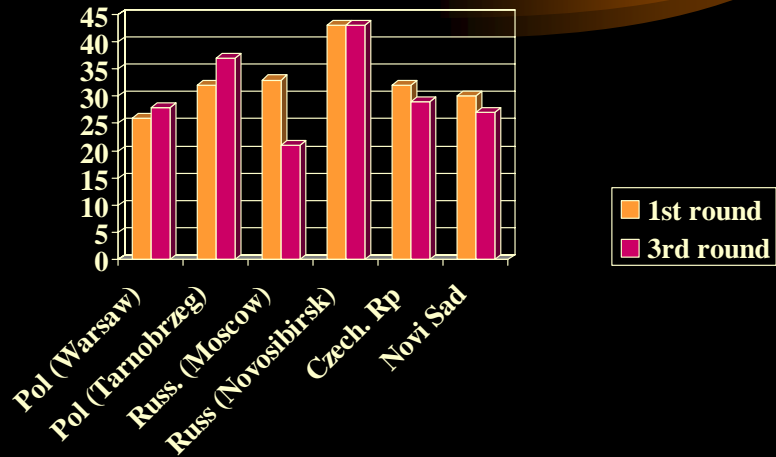
Obesity in WHO-MONICA: Europe (women)



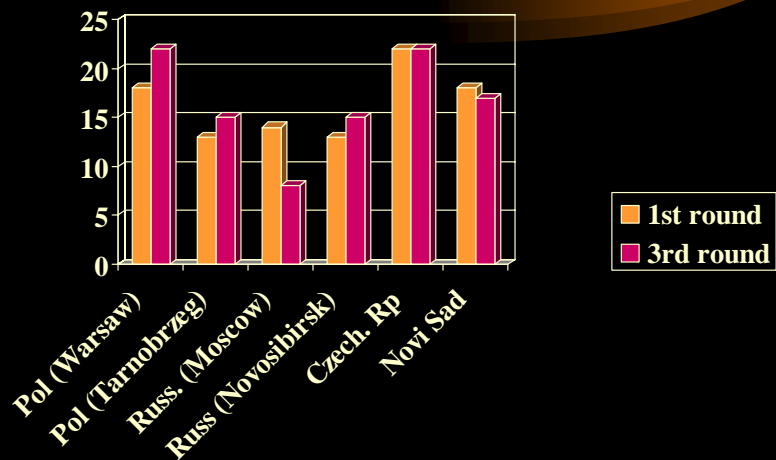
Obesity in WHO-MONICA: Europe (men)



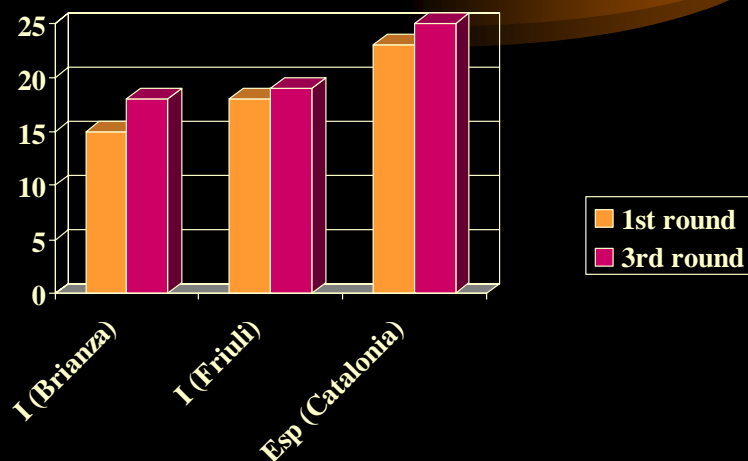
Obesity in WHO-MONICA: central/eastern Europe (women)



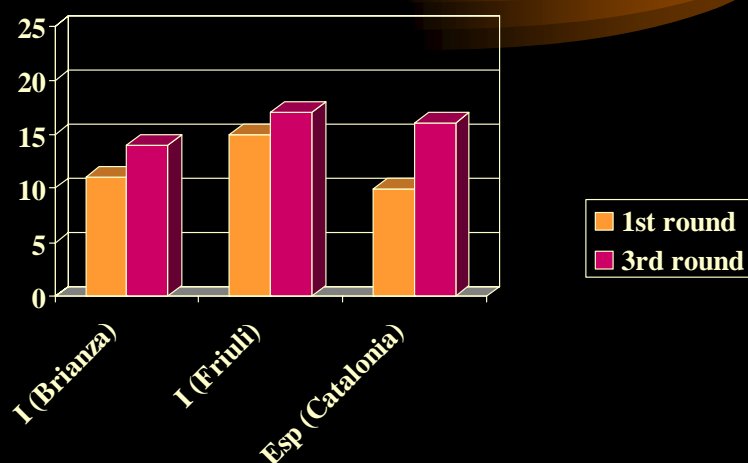
Obesity in WHO-MONICA: central/eastern Europe (men)



Obesity in WHO-MONICA: southern Europe (women)



Obesity in WHO-MONICA: southern Europe (men)



Conclusions

- The prevalence in most European countries is high (15-25% in women; 10-20 % in men) and increasing in most countries.
- Rates vary widely between and within countries, particularly in women.
- Obesity constitutes an important health hazard throughout Europe but the associated absolute risks differ widely.